

Update from the Gawler Health Foundation

February 2020

Thank you Rotary Club of Gawler

The Gawler Health Foundation would like to thank the Rotary Club of Gawler for donating 32 televisions over the past 4 years. The Rotary Club of Gawler have worked hard to provide the new televisions, which have replaced the old small televisions in the Duldig Ward. We look forward to working with the Rotary Club in the future.



Easter Raffle



Easter is not too far around the corner, and we are celebrating with an Easter Raffle. Tickets are \$1 each and are available from the office on Monday, Wednesday or Friday between 10am and 3pm.

First prize is the lovely basket on the left and second prize is the handmade Bunny with eggs on the right.



Office Closure

The office will be closed from Wednesday 4 March at 1pm and reopen on Wednesday11 March at 10am. The office will also be closed from Monday 6 April at 3pm and reopen on Wednesday 29 April at 10am.

We apologise for any inconvenience. Items can be left at main reception and will be collected when Nicki returns, or if urgent please call Peter Harper on 0410 526 317 or email gawlerhealthfoundation@gmail.com.

Bingo



The GHF are teaming up with the Kingsford Hotel to bring bingo to the first Thursday morning of the month starting in April. Bingo starts at 10.30am in the Bistro.

Cost is \$5 per book which gives you 20 games, a free raffle ticket on entry (limit one per player), and a free schooner of any beer, glass of house wine or soft drink with every player staying for lunch.

Also available will be a \$7 coffee and cake deal.

We look forward to seeing you there.

Quiz Night

We are having a Quiz Night!! We will be holding the quiz night on Saturday 15 August at Nixon's Function Centre, Nixon Terrace, Gawler, from 7pm for a 7.30pm start. BYO nibbles but drinks must be purchased from the bar. We will also be holding a raffle, silent auctions and wine wall on the evening, with the heads & tails game getting you up and out of your seats in between rounds.





Living Fundraisers

We have gorgeous grow your own herb and veggie kits, grass heads as well as lovely birthday and greeting cards and candles for sale at the office. Come in and have a look at the stall out the front of the office.

Herbs – Grow-in-the-Tin Herb kits are designed to grow tasty herbs on your window sill, and at the same time, decorate your home! The kits contain all you need to grow your herbs from seeds and the tin is specially-designed so you won't need to do any repotting. We have Coriander, Mint, Parsley, Basil and Chives available at \$6.00 per tin





Veggies – Organic seeds and special growing discs made from coconut fibre are used to ensure the best possible quality and environmental benefits. Each greenhouse includes everything you need to grow your veggies to seedling stage. We have Pumpkin, Chilli, Sweet Corn, Tomato, Lettuce, Beans, Capsicum and Cucumber available at \$6.00 per greenhouse.

Grass Heads - Kids go crazy for these gorgeous grass-haired little characters! Available in "Old MacDonald's Farm" range, each kit includes everything you need to grow your character's grass hair, then cut and style as you wish. Grass heads are \$5 each.





Candles - Each candle is made from 100% soy wax and 100% cotton wick and comes in a glass which sits inside a beautifully designed box. The candles are 175g and burn for 32 hours. Candles are \$15 each.

Birthday & Greeting Cards – High quality gift boxes containing 10 different cards. Each card is embellished in its own unique way. Some have a 3D pop-up effect, while others feature reflective foil, embossing or glitter. Each card is packed in a protective sleeve with a matching envelope. Cards are available at \$15 for the pack of 10, or \$1.50 each (limited).







With the silly weather we are currently experiencing, why not come in and grab something warm, or get in early for Winter. We have many items made by our lovely volunteers including crochet knee rugs, knitted beanies, knitted scarves, knitted baby jackets, knitted baby beanies and booties to help keep you warm. Come into the office and see Nicki. Items are available for purchase Monday, Wednesday and Friday between 10am and 3pm.



Thank you to Rudall & Rudall Lawyers for printing our newsletters. Rudall & Rudall provides general law services to clients throughout South Australia - in particular Gawler, Adelaide Plains, Barossa Valley, Adelaide Hills, Yorke Peninsula, mid North, Adelaide and the suburbs. Please call (08) 8523 8400 to book your appointment.



Regards Peter Harper Chair

Gawler Health Foundation Inc.

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