



Update from the Gawler Health Foundation

November 2019

Thank you

Thank you to everyone who has come to events, donated, purchased Entertainment Books and People's Choice Lottery tickets or items off the stall outside the office this year. Your support is greatly appreciated and we have raised much needed funds for new equipment. We look forward to seeing you at future events.



Membership And Friendship Fees

A reminder that your membership and friendship fees are due. Thank you to all members and friends for your support.

Office Closure

The office will be closed from 3pm Wednesday 15 January and will re-open at 10am Wednesday 29 January 2020. We apologise for any inconvenience.

Quiz Night – August 2020

We have booked a Quiz Night for Saturday 15 August 2020 at Nixon's Function Centre, Nixon Terrace, Gawler, from 7pm for a 7.30pm start. BYO nibbles but drinks must be purchased from the bar. We will also be holding a raffle, silent auctions and wine wall on the evening, with the heads & tails game getting you up and out of your seats in between rounds.

Tickets will be \$15 each and be available from the office or from try booking mid year. Tables seat 10 people, so get your team together.



Living Fundraisers

We have gorgeous grow your own herb and veggie kits, grass heads as well as lovely birthday and greeting cards and candles for sale at the office. Come in and have a look at the stall out the front of the office.

Herbs - Grow-in-the-Tin Herb kits are designed to grow tasty herbs on your window sill, and at the same time, decorate your home! The kits contain all you need to grow your herbs from seeds and the tin is specially-designed so you won't need to do any repotting. We have Coriander, Mint, Parsley, Basil and Chives available at \$6.00 per tin.



Veggies - Organic seeds and special growing discs made from coconut fibre are used to ensure the best possible quality and environmental benefits. Each greenhouse includes everything you need to grow your veggies to seedling stage. We have Pumpkin, Chilli, Sweet Corn, Tomato, Lettuce, Beans, Capsicum and Cucumber available at \$6.00 per greenhouse.



Grass Heads - Kids go crazy for these gorgeous grass-haired little characters! Available in "Old MacDonald's Farm" range, each kit includes everything you need to grow your character's grass hair, then cut and style as you wish. Grass heads are \$6 each.





Candles - Each candle is made from 100% soy wax and 100% cotton wick and comes in a glass which sits inside a beautifully designed box. The candles are 175g and burn for 32 hours. Candles are \$15 each.

Birthday & Greeting Cards - High quality gift boxes containing 10 different cards. Each card is embellished in its own unique way. Some have a 3D pop-up effect, while others feature reflective foil, embossing or glitter. Each card is packed in a protective sleeve with a matching envelope. Cards are available at \$15 for the pack of 10, or \$1.50 each (limited).



Christmas Cards - Bring your Season's Greetings to life with these seed embedded Christmas Cards. Each card comes with a seed embedded Christmas tree cut out which grows Australian Native Swan River Daisies when planted in the garden. Four cards per set. Sets on special now for \$2 a set. Get in quick before we sell out.



Fundraising Stall



We have many items made by our lovely volunteers that would make great Christmas presents, including crochet knee rugs, knitted beanies, knitted scarves, knitted baby jackets, knitted baby booties, aprons, teddies, coat hangers and wooden cars. Come into the office and see Nicki. Items are available for purchase Monday, Wednesday and Friday between 10am and 3pm.

Merry Christmas

The Gawler Health Foundation would like to wish all our members and friends a Merry Christmas, a safe and Happy New Year. We look forward to working with you in 2020.

The office will be closing on Monday 23 December and re-opening on Friday 3 January.



Thank you to Rudall & Rudall Lawyers for printing our newsletters. Rudall & Rudall provides general law services to clients throughout South Australia - in particular Gawler, Adelaide Plains, Barossa Valley, Adelaide Hills, Yorke Peninsula, mid North, Adelaide and the suburbs. Please call (08) 8523 8400 to book your appointment.



Regards
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Chair

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