



Update from the Gawler Health Foundation

January 2017

Thank you

Thank you to everyone who supported the Foundation over the past year. Through this support we have purchased new equipment and there is more on the way. We look forward to working with you again this year.

A big thank you must go to the Trinity College Gawler River Year 9 Tech Studies class of 2016 who produced 2 lovely coffee tables for the Foundation. These have been placed in the rooms with the sofa bed chairs we purchased last year. These rooms allow families who have members in the palliative care unit to sit and relax, have some time out and in some cases spend the night with their loved ones. It is great to see young students helping their community and producing such wonderful quality tables.



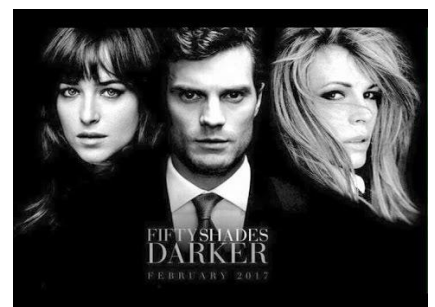
Equipment Purchases

Towards the end of 2016, the Gawler Health Foundation made a few equipment purchases to benefit the hospital staff and patients. We purchased a Chester Chest, which is a bust used by nurses to develop competence with the most common types of vascular access devices. This is the most realistic and complete model for central lines. The area around all the catheter sites can be used to practice cleansing, application of dressings and securement devices, fluid infusion and withdrawal. We also purchased five televisions for day surgery and one for the Dialysis Unit waiting room. We look forward to more equipment shortly.



Movie Afternoon

We are holding a movie afternoon on Sunday 12 February at the Gawler Cinema, arrive 3.30pm for 4pm start. The movie is Fifty Shades Darker, the second of the Fifty Shades of Grey movies. Tickets are \$20 each with a glass of wine or soft drink on arrival, and are available from the Foundation Office (8521 2015), Gawler Cinema (8523 1633), Sarah (0402 475 737), Nicki (0412 804 693) and Patricia (0408 173 101). We will also have a raffle on the day, tickets 3 for \$5 with great prizes. Look forward to seeing you there.



Revue

Thank you to all who attended the Gawler Health Service Revue. Fun was had by all on both nights. Vital funds were raised for the Palliative Care mattresses (approx. \$12,500). A special thank you to Dr Michael Brown, Trevor Perry, Sue Mellors and all the participants for their hard work ensuring this was another fantastic event.



Herbs, Vegies And Cards

We have gorgeous grow your own herb and vegie kits, as well as lovely birthday and greeting cards for sale at the office. Come in and have a look at the stall out the front of the office.

Herbs – Grow-in-the-Tin Herb kits are designed to grow tasty herbs on your window sill, and at the same time, decorate your home! The kits contain all you need to grow your herbs from seeds and the tin is specially-designed so you won't need to do any repotting. We have Coriander and Chives available at \$6 per tin.



Vegies – Organic seeds and special growing discs made from coconut fibre are used to ensure the best possible quality and environmental benefits. Each greenhouse includes everything you need to grow your veggies to seedling stage. We have Cauliflower, Snow Peas, Spring Onion, Chinese Broccoli and Lettuce available at \$6 per greenhouse.

Birthday & Greeting Cards – High quality gift boxes containing 10 different cards. Each card is embellished in its own unique way. Some have a 3D pop-up effect, while others feature reflective foil, embossing or glitter. Each card is packed in a protective sleeve with a matching envelope. Cards are available at \$10 for the pack of 10, or \$1 each (limited).



Books

If you have any unwanted books that are in good condition, we would love to recycle them on our second hand book stalls (please no Mills & Boons). All money collected goes back into providing quality equipment and projects at the Gawler Health Service. Nicki is in the office Monday, Wednesday and Friday between 10am and 3pm.



Thank you to Rudall & Rudall Lawyers for printing our newsletters. Rudall & Rudall provides general law services to clients throughout South Australia - in particular Gawler, Adelaide Plains, Barossa Valley, Adelaide Hills, Yorke Peninsula, mid North, Adelaide and the suburbs. Please call (08) 8523 8400 to book your appointment.

News in brief:

- ✓ If you would like to know more about any of our upcoming events and activities, please contact our office on 8521 2015 or email ghf@health.sa.gov.au.

**OFFICE CLOSED FROM 3PM FRIDAY 13 JANUARY AND
REOPENING 10AM WEDNESDAY 25 JANUARY**

Regards
Peter Harper
Chair

Gawler Health Foundation Inc.
P O Box 196, Gawler, SA, 5118
(21 Hutchinson Road, Gawler East)
Phone (08) 8521 2015
Email ghf@health.sa.gov.au
ABN 38 392 825 863

